Wadsworth YMCA Waves Swim Team

Mandatory Parent Information Meeting Wednesday, September 12, 2018

New Parents 6:00 pm / Returning Parents 7:00 pm

Wadsworth YMCA Lower Level Hallway

Tidal – Beginner

 Must be of Stage 5 (School age) proficiency in swim lessons, be able to complete one length of the pool freestyle and one length of the pool backstroke

Cost: \$185.00

Cost: \$210.00

- Must attend at least 2 practices a week
- Any first year competitive swimmer will be starting in this group
- Must be a current YMCA member for the entirety of the swim season

| Day | Monday | Tuesday | Thursday |
|----------|--------------|--------------|--------------|
| Practice | 5:30-6:30 pm | 5:30-6:30 pm | 5:30-6:30 pm |

Swell - Intermediate

- Must have knowledge of all 4 competitive strokes and be able to compete in 3 of them
- Must attend at least 2 practices a week
- Dryland will be held prior to practice on Tuesday and Thursday. <u>Dryland is required for those attending practices on those evenings.</u> Tennis shoes, shirts, and shorts are also required for dryland participation.
- Must be a current YMCA member for the entirety of the swim season

| Day | Monday | Tuesday | Wednesday | Thursday |
|----------|--------------|--------------|--------------|--------------|
| Dryland | None | None | 5:30-5:45 pm | None |
| Practice | 6:30-7:30 pm | 6:30-8:00 pm | 5:45-7:00 pm | 6:30-8:00 pm |

Tsunami – Advanced Cost: \$245.00

- Must be able to compete in all 4 competitive strokes, as well as dive from the blocks
- Must attend 3 practices per week
- Dryland will be held prior to practice on Monday and Wednesday. <u>Dryland is required for those attending practices on those evenings.</u> Tennis shoes, shirts, and shorts are also required for dryland participation.
- Must be a current YMCA member for the entirety of the swim season. High school pricing
 is available upon request.

| Day | Monday | Tuesday | Wednesday | Thursday |
|----------|--------------|--------------|-----------|--------------|
| Dryland | 7:00-7:30 pm | 6:15-6:30 pm | None | None |
| Practice | 7:30-8:30 pm | 6:30-8:00 pm | 7-8:30 pm | 6:30-8:00 pm |

PRACTICES FOR ALL SWIMMERS WILL BEGIN – Monday, September 17

- •Practice groups are to be determined by ability, not age. Coaching staff may make changes based on the swimmer ability and this will be discussed with the parent(s)/guardian(s). The first week of practice will work to establish the appropriate practice groups for the swimmers.
- •<u>We will need parents to help officiate meets.</u> If you have prior swimming experience and are interested in attending an officials training, please let Kelsey Kirsch (kelseyk@akronymca.org) know as soon as possible.
- ·Volunteers will also be needed throughout the season to help it run smoothly, whether it be at swim meets or with different events throughout the season. Please stay tuned for more information regarding this.
- ·Financial assistance may be available based on financial need. You must complete a one page application including proof of income and return to the member service desk.

SWIMMERS MUST REGISTER BEGINNING SEPTEMBER 1^{ST} -SEPTEMBER 22^{ND} IN PERSON AT THE YMCA. PACKETS WITH DETAILED INFORMATION WILL BE AVAILABLE AT THIS TIME.

Wadsworth YMCA 623 School Drive, Wadsworth, Ohio 44281, (330)-334-9622