

# Wadsworth YMCA Waves Swim Team

## Parent Information Meeting

**Wednesday, September 13**

**New Parents 6 pm / Returning Parents 7 pm**

**Enter through the Senior Center/Soprema entrance on the West end of the building**

<b>Tidal – Beginner</b>	<b>Cost: \$175.00</b>
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- Must be of Minnow/Stage 4 (School age or preschool) proficiency in swim lessons, be able to complete one length of the pool freestyle and one length of the pool backstroke
- Must attend at least 2 practices a week
- Any first year competitive swimmer will be starting in this group
- **Must be a current YMCA member at the start of the season**

Day	Monday	Tuesday	Thursday
<b>Practice</b>	6:00-7:00 pm	6:00-7:00 pm	6:00-7:00 pm

<b>Swell – Intermediate</b>	<b>Cost: \$200.00</b>
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- Must have knowledge of all 4 competitive strokes and be able to compete in 3 of them
- Must attend at least 2 practices a week
- Dryland will be held prior to practice on Tuesday and Thursday. Dryland is required for those attending practices on those evenings. Tennis shoes, shirts, and shorts are also required for dryland participation.
- **Must be a current YMCA member at the start of the season**

Day	Monday	Tuesday	Wednesday	Thursday
<b>Dryland</b>	None	5:30-5:45 pm	None	5:30-5:45 pm
<b>Practice</b>	5:45-7:00 pm	5:45-7:00 pm	5:45-7:00 pm	5:45-7:00 pm

<b>Tsunami – Advanced</b>	<b>Cost: \$235.00</b>
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- Should be able to compete in all 4 competitive strokes, as well as dive from the blocks
- Must **attend 3 practices** per week
- Dryland will be held prior to practice on Monday and Wednesday. Dryland is required for those attending practices on those evenings. Tennis shoes, shirts, and shorts are also required for dryland participation.
- **Must be a current YMCA member at the start of the season. High school pricing is available upon request.**

Day	Monday	Tuesday	Wednesday	Thursday
<b>Dryland</b>	6:45-7 pm	None	6:45-7 pm	None
<b>Practice</b>	7-8:30 pm	6:45-8:15 pm	7-8:30 pm	6:45-8:15 pm

### PRACTICES FOR ALL SWIMMERS WILL BEGIN – Monday, September 18

·Practice groups are to be determined by ability, not age. Coaching staff may make changes based on the swimmer ability and this will be discussed with the parent(s)/guardian(s). The first week of practice will work to establish the appropriate practice groups for the swimmers.

·We will need parents to help officiate meets. If you have prior swimming experience and are interested in attending an officials training, please let Kelsey Kirsch (kelseyk@akronymca.org) know as soon as possible.

·Volunteers will also be needed throughout the season to help it run smoothly, whether it be at swim meets or with different events throughout the season. Please stay tuned for more information regarding this.

·Financial assistance may be available based on financial need. You must complete a one page application including proof of income and return to the member service desk.

**SWIMMERS MUST REGISTER SEPTEMBER 13<sup>TH</sup>-30<sup>TH</sup> IN PERSON AT THE YMCA.  
Wadsworth YMCA, 623 School Drive, Wadsworth, OH 44281, (330) 334-9622**