



# AQUATICS SCHEDULE

FALL I SEPTEMBER 1—OCTOBER 23 2017

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## MONDAY

### Lap swim:

6:30—7:45am  
8:30—9:00am  
10:30—11:15am  
12:00—4:30pm (2 lanes)  
7:45—9:00pm (1 lane)

### Notable activities:

Older Adult Water Exercise 7:45—8:30am  
Preschool Swim Lessons 9:00—10:30am  
Arthritis Exercise 11:15am—12:00pm  
Swim Lessons 4:30—7:00pm  
Water Aerobics 7:00—7:45pm

### Open swim:

12:00—4:30pm  
7:45—9:00pm

## THURSDAY

### Lap swim:

6:30—9:00am  
10:45am—4:30pm (2 lanes)  
7:30—9:00pm (2 lanes)

### Notable activities:

Preschool Swim Lessons 9—9:45am  
Homeschool Swim Lessons 9:50—10:35am  
Cuyahoga Falls Teachers Class 4:30—5:30pm  
Tigersharks swim practice 5:30—7:30pm

### Open swim:

10:45am—4:30pm  
7:30—9:00pm

## TUESDAY

### Lap swim:

6:30—9:00am  
9:45am—5:30pm (2 lanes)  
7:30—9:00pm (2 lanes)

### Notable activities:

Preschool Swim Lessons 9—9:45am  
Tigersharks swim practice 5:30—6:30pm  
Swim Lessons 6:30—7:30pm

### Open swim:

9:45am—5:30pm  
7:30—9:00pm

## FRIDAY

### Lap swim:

6:30—7:45am  
8:30—9:00am  
10:35—11:15am (1 lane)  
12:00—7:00pm (1 lane)

### Notable activities:

Older Adult Water Exercise 7:45—8:30am  
Preschool Swim Lessons 9:00—9:45am  
Swim Lessons 9:50—10:35am  
Arthritis Exercise 11:15am—12:00pm

### Open swim:

10:35—11:15am  
12:00—7:00pm

## WEDNESDAY

### Lap swim:

6:30—7:45am  
8:30—9:00am  
10:30—11:15am  
12:00—6:00pm (2 lanes)  
8:15—9:00pm (1 lane)

### Notable activities:

Older Adult Water Exercise 7:45—8:30am  
Preschool Swim Lessons 9:00—10:30am  
Arthritis Exercise 11:15am—12:00pm  
Tigersharks Swim Practice 6:00—7:30pm  
Water Aerobics 7:30—8:15pm

### Open swim:

12:00—6:00pm  
8:15—9:00pm

## SATURDAY

### Lap swim:

11:30am—3:30pm (1 lane)

### Notable activities:

Swim Lessons 9:00—11:30am

### Open swim:

11:30am—3:30pm

## SUNDAY

### Lap swim:

12:15—4:00pm (1 lane)

### Open swim:

12:15—4:00pm

### Safety Breaks:

The Pool Will Be Closed And Locked During the Following Times:  
Monday—Friday 2-2:15pm & Saturdays: 1—1:15pm

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

RIVERFRONT FAMILY YMCA (330) 923-9622

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

