



AQUATICS SCHEDULE

FALL II OCTOBER 24 —DECEMBER 16TH 2017

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY

Lap swim:

6:30—7:45am
8:30—9:00am
10:30—11:15am
12:00—4:30pm (2 lanes)
7:45—9:00pm (1 lane)

Open swim:

12:00—4:30pm
7:45—9:00pm

Notable activities:

Older Adult Water Exercise 7:45—8:30am
Preschool Swim Lessons 9:00—10:30am
Arthritis Exercise 11:15am—12:00pm
Swim Lessons 4:30—7:00pm
Water Aerobics 7:00—7:45pm

THURSDAY

Lap swim:

6:30—9:00am
10:45am—5:30pm (2 lanes)
7:30—9:00pm (2 lanes)

Open swim:

10:45am—5:30pm
7:30—9:00pm

Notable activities:

Preschool Swim Lessons 9—9:45am
Homeschool Swim Lessons 9:50—10:35am
Aqua Bar Exercise 12:00—12:45pm
Tigersharks swim practice 5:30—7:30pm

TUESDAY

Lap swim:

6:30—9:00am
9:45am—12:00pm (2 lanes)
12:45—4:00pm (2 lanes)
6:30—9:00pm (2 lanes)

Open swim:

9:45am—12:00pm
12:45—4:00pm
6:30—9:00pm

Notable activities:

Preschool Swim Lessons 9—9:45am
Aqua Bar Exercise 12:00—12:45pm
Lawrence Swim Team 4:00—5:30pm
Tigersharks swim practice 5:30—6:30pm

FRIDAY

Lap swim:

6:30—7:45am
8:30—9:00am
10:35—11:15am (1 lane)
12:00—4:00pm (1 lane)
5:30—7:00pm (1 lane)

Open swim:

10:35—11:15am
12:00—4:00pm
5:30—7:00pm

Notable activities:

Older Adult Water Exercise 7:45—8:30am
Preschool Swim Lessons 9:00—9:45am
Swim Lessons 9:50—10:35am
Arthritis Exercise 11:15am—12:00pm
Lawrence Swim Team 4:00—5:30pm

WEDNESDAY

Lap swim:

6:30—7:45am
8:30—9:00am
10:30—11:15am
12:00—4:00pm (2 lanes)
8:15—9:00pm (1 lane)

Open swim:

12:00—4:00pm
8:15—9:00pm

Notable activities:

Older Adult Water Exercise 7:45—8:30am
Preschool Swim Lessons 9:00—10:30am
Arthritis Exercise 11:15am—12:00pm
Lawrence Swim Team 4:00—5:30pm
Tigersharks Swim Practice 5:30—7:00pm
Water Aerobics 7:00—8:00pm

SATURDAY

Lap swim:

11:30am—3:30pm (1 lane)

Open swim:

11:30am—3:30pm

Notable activities:

Swim Lessons 9:00—11:30am

SUNDAY

Lap swim:

12:15—4:00pm (1 lane)

Open swim:

12:15—4:00pm

Safety Breaks:

The Pool Will Be Closed And Locked During the Following Times:
Monday—Friday 2-2:15pm & Saturdays: 1—1:15pm

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

RIVERFRONT FAMILY YMCA (330) 923-9622

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

