



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HERE FOR THE COMMUNITY



The YMCA is a 501-c 3 charity of choice where 100% of all donations supports the Wadsworth Community.

WADSWORTH YMCA COMMUNITY CENTER
623 School Dr. Wadsworth OH 44281
330 334 9622 | Akronymca.org

Our Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

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FACILITY POLICIES AND PROCEDURES



YOUTH WATER SAFETY POLICIES AND PROCEDURES

SWIM TEST POLICY

All swimmers under the age of 13 will be required to pass a swim test before being allowed access to the deep area of the pool.

The swim test consists of a 25-yard swim during which youth are asked to:

- Swim 1 length of the pool front crawl with overarm pull and keeping their body horizontal in the water.
- Roll onto their back and float for 20 seconds.
- Jump into the pool, fully submerge and return to the surface and treadwater for 30 seconds.

Passing is ultimately at the discretion of the lifeguard administering the test.



SWIM BAND POLICIES

Red Band - Unable to pass swim test.

- Must stay in Red Band area. (Children under 6 years of age must have an adult in the water within an arm's reach at all times.)
- An adult who has more than 1 child in a red band, additional children must be in a lifejacket.
- Lifejacket required when water reaches armpit and no adult is within arms reach. Deep water area is prohibited.

Yellow Band - Unable to pass swim test.

- Must remain in the yellow section of pool.

Green Band - Can pass swim test and may swim anywhere.

- Under Age 11: Adult guardian must remain on site and within clear visible distance.



AQUATIC CENTER POLICIES

Test, Mark, Protect

- All children under age 13 will be required to pass a swim test before being allowed access to deep area of pool.
- Any child who has not taken a swim test will be in a red band.
- Parents/guardians with children 5 yrs & under must be in water and within arm's reach of child. If parent has more than 1 child in a red band, additional children must be in lifejacket or puddle-jumper.
- Children ages 6-10 must have parent/guardian on pool deck at all times

FITNESS CENTER POLICIES & PROCEDURES

- 9yrs & under: **No access to Fitness Center**
 10-12yrs: Must take **Youth Wellness Orientation**
 Parent must remain in Fitness Center
 Youth equip available
- 13-15yrs: Must take **Teen Wellness Program**

FIELD HOUSE & WALKING TRACK

- Age 10yrs & under must be accompanied by adult in **Field House & Walking Track**
- 4yrs & under in stroller on Walking Track
- Field House & Walking Track subject to close due to High School Events.

The YMCA is a nonprofit, 501-c-3 organization dedicated to strengthening community through healthy living programs for youth, adults and families.

We do this through our vast variety of adult, older adult, preschool, parent-child, youth, teen and family programs. **The YMCA raises funds that support the Wadsworth Community through memberships, programs and community programs. 100% of all gifts funds remain in the Wadsworth community!**

The Y offers programs to combat chronic diseases such as Obesity and Diabetes.

- **Wellness 101**; 12-week free, fitness program
- **Lose 4U**; 12 week, weight loss program with personal trainer
- **Diabetes Prevention Program** for those with PRE DIABETES-year long program
- **Dietitian** for personal nutritional needs and education
- **CATCH**; curriculum based program for youth to teach them nutrition, fitness and healthy activities

Indoor Facility Hours:

Winter

Mon-Fri: 5:30am-9:00pm
 Saturday: 6:00am-6:00pm
 Sunday: 12:00pm-6:00pm

Summer

Mon-Thur: 5:30am-9:00pm
 Friday: 5:30am-8:00pm
 Saturday: 6:00am-4:00pm
 Sunday: 12:00pm-4:00pm

- **The YMCA is Closed on major holidays:** Christmas Day, New Year's Day, [Close at 1pm Christmas Eve & New Year's Eve], Easter Sunday, Memorial Day and Sunday of Memorial Weekend, July 4, Labor Day and Sunday of Labor Day Weekend, Thanksgiving Day
- **We reserve the right to close, change or modify hours & schedules as needed**

Child Watch

- Available for Family Members for Free
- Ages 6 wks - 10 yrs
- Parents must remain in the building at all times

Outdoor Pool:

Opens Monday, Memorial Day and closes Monday, Labor Day. Outdoor Pool is open on Holidays in summer.
 Hours: 11am-7pm; weather permitting; subject to change
 Outdoor Pool Membership available for additional fee; akronymca.org/Wadsworth/WadsworthGrizzlyOutdoorPool/

PROGRAM, POOL AND FIELD HOUSE SCHEDULES

The Wadsworth Schools' Field House and Walking Track is shared with the Wadsworth YMCA. Field House and Walking Track space may be limited during certain times of the year when school sports are most active. Scheduled hours are in place to ensure that Y members' activities remain as unrestricted as possible given the needs of the community and agreements made with the City. **Program, pool and field house schedules:** akronymca.org/wadsworth

Information you need to know:

- Your membership includes all of Akron Area YMCAs and reciprocity within Ohio
- Membership fees are not refundable and nontransferable
- Membership fees are on a continuous draft on a monthly basis
- Hold Policy Available: See Member Service Reps for details
- Termination policy: 15 day written notice to Membership Director required before next draft date
- Financial assistance available for those who qualify
- Schedules change based on programming and shared facility needs