

LAKE ANNA YMCA BASKETBALL GYM SCHEDULE

October 29 - December 31

Subject to change for branch scheduling needs.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30 AM		Open Gym 5:30-9:00 am		Open Gym 5:30-9:00 am	Open Gym 5:30-9:00 am		Front half of gym is for family and children use.
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM	Open Gym 5:30 am-5:45 pm	Pickleball 9-11 am		Pickleball 9-11 am	Pickleball 9-11 am (Back of gym) Tabata 9:15-10 am (Front of gym)	Open Gym 6am-8:00 am Basketball League Games 8:30 am-12:30 pm Open Gym 1:00-5:45pm	
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM	Tennis 5-5:45 pm (Back of gym)	Winners League 6:00-7:00 pm		ARMY PT Testing 4-4:45 pm (Back of gym) Staff Volleyball 6-9 pm (Back of gym)	Little Dribblers (Back of gym) 5:15-6:00 pm		
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM	Rookies League 6:30-7:30 pm	Champions League 7:00-8:00 pm					
9:00 PM							

BASKETBALL GYM

