



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PASS THEM DON'T PACE THEM

## YOUTH RUNNING CLUB FOR GRADES 3-6

Love to run? Join the Knights' Pacer Club!

**Mondays & Wednesdays @ 6:45-7:45 PM**

January 4<sup>th</sup> – February 15<sup>th</sup>  
(No class on January 16, 2017)

Nordonia High School, 8006 S. Bedford Rd.  
Meet in lobby.

Running club, serving grades 3-6, teaches children proper running technique, form, and gives them a variety of skills to enhance their performance.

Fee is \$55 for 6 week session

Register online at [www.akronymca.org/NordoniaHills](http://www.akronymca.org/NordoniaHills)

Starting December 11, 2016

Or call Beth at 330-467-8366 x1



Program includes T-shirt. Come dressed to run indoors with proper dry running shoes and bring a water bottle.

**NORDONIA HILLS YMCA**  
8761 Shepard Rd.  
Macedonia, OH 44056  
330 467 8366

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

