



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# PASS THEM DON'T PACE THEM

## YOUTH RUNNING CLUB FOR GRADES 3-6

Love to run? Join the Knights' Pacer Club!

**Tuesdays & Thursdays @ 6:30-7:30 PM**

April 17<sup>th</sup> – May 17<sup>th</sup>

Fee is \$50 for 5 week session

Nordonia Middle School Track  
73 Leonard Ave, Northfield.

Running club, serving grades 3-6, teaches children proper running technique, form, and gives them a variety of skills to enhance their performance.

Register online at <https://www.akronymca.org/Longwood/>  
Starting February 5, 2018  
Or call **Beth** at 330-467-8366 x1

Program includes T-shirt. Come dressed to run outdoors with proper running shoes and bring a water bottle.

**LONGWOOD BRANCH YMCA**  
8761 Shepard Rd.  
Macedonia, OH 44056  
330 467 8366

[akronymca.org](http://akronymca.org)



The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

