



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PASS THEM DON'T PACE THEM

YOUTH RUNNING CLUB FOR GRADES 3-6

Love to run? Join the Knights' Pacer Club!

Tuesdays & Thursdays @ 6:30-7:30 PM

February 20th – March 27th (No class on 3/15)

Fee is \$50 for 5 week session

Nordonia High School, 8006 S. Bedford Rd.
Meet in lobby.

Running club, serving grades 3-6, teaches children proper running technique, form, and gives them a variety of skills to enhance their performance.

Register online at <https://www.akronymca.org/Longwood/>
Starting February 5, 2018
Or call **Beth at 330-467-8366 x1**

Program includes T-shirt. Come dressed to run indoors with proper dry running shoes and bring a water bottle.

LONGWOOD BRANCH YMCA
8761 Shepard Rd.
Macedonia, OH 44056
330 467 8366

akronymca.org



The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

