



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

QUICK HELP GUIDE FOR CAMPER & PARENTS



Most Asked Questions

What time is Check In and Check Out?

- Overnight Camp- Check in for returning campers is Sunday 3:00 – 4:00 pm
Check in for for NEW campers is Sunday 4:00 – 5:00 pm
Check out is Saturday 8:30 am
- Day Camp- Check in Monday-Friday 9:00am
Check out Monday-Friday 4:00pm

PHOTO ID REQUIRED TO CHECK OUT CAMPER !!!

What should I pack?

You know your camper best. So when packing if there are additional comfort items, please make sure to pack those. This could be stuffed animals, a favorite blanket, but please, no cell phones. Cell phones are not comfort items. Follow this link for recommended [packing list](#) for both Day & Overnight Campers.

What if my camper has medications?

- Campers must have a completed [Health Form](#) returned to camp 2 weeks before your camper's check in.
- All medications must be given to the Health Officer **in their original containers** during check in.
- Prescribed medications must be clearly marked with the child's name, medication, and physician's name.
- Prescription medication can only be administered as directed on the bottle.
- For dosage changes, please bring a signed note from the physician describing the new dosage.
- Medication will be distributed at meal times and before lights out.

What if I need to pick up my child early?

We want to be as prepared as possible for your arrival. If you need to pick your camper up at a different time than our normal check out time please fill out the [Camper Early Release Form](#). Camper Early Release form will also be available at check in or from your bus transportation staff.

Can we set up a Camp Store account?

You can add money to your campers account at check in, or anytime during your campers stay, or before you get to camp by clicking the following link: [Store Account](#) The store has some basic essentials for camp, toothbrush, deodorant, toothpaste, etc, as well as souvenirs, clothing and ice cream. Campers will have the opportunity to go to the store at least once per week and on check in and out. No cash is accepted during the week. The store uses an account system. We typically recommend you add \$20-\$30 to the account per week of camp. **We do not offer refunds.** You can either spend the remaining balance during check out, donate the money to our annual campaign, which helps send kids to camp, or you can donate to our staff banquet at the end of summer. Any money left in the account after your campers last checkout will be donated accordingly.

What forms do I need to fill out before arrival?

- **Health Form / Authorized Pick Up** : Please complete the health form **2 weeks before** your campers check in day. Camp Y-Noah needs to have all the current medical and behavioral information about your camper before they arrive. We keep all forms confidential and share information only on a need to know basis to the staff. Please click the link "Health Forms" to fill them out online. [Health Forms](#)
- **Food Grant**: Camp Y-Noah participates in a Federal grant that helps subsidize some of our food costs. When you fill out the form it is held for audit and tracking purposes for the Summer Food Service Program. All of your financial information will be kept confidential and destroyed at the end of the year. Please follow the link and bring the form with you at check in or email the form to benh@akronymca.org
[FOOD GRANT FORM](#)

Can you accommodate special diets?

We serve a hot lunch each day in our dining hall. Specialty diets including vegetarian, gluten free, and many others can be accommodated for. However, we ask that you please note any dietary needs on the health form. Please contact email the Food Service Director, Kathy with any specific questions: campynoahfoodservice@akronymca.org

Is lunch provided for Day Campers?

Yes, a hot lunch and salad bar is provided each day in our dining hall. Day Campers can also choose to bring their own packed lunch we just ask, due to other campers potential allergies that all items be **NUT FREE**.

Where should I send camp mail and care packages?

There are several ways to communicate with your resident camper.

- Mail & Care Packages: Please include your campers name and cabin on all packages sent. Our address is **815 Mt. Pleasant Rd. Clinton, OH 44216** Mail can also be dropped off at our camp office during business hours or at camper check in and marked appropriately (Example: Deliver Wednesday) Mail is delivered at lunch time.
- Email: Our one way email is ynoahcamper@akronymca.org Please include your campers name and cabin in the subject line of the email.

What will my camper do during the day?

RESIDENT CAMP SCHEDULE

Here is a basic example of our daily program at camp. It is far more intricate in what we're doing, but this gives you the highlights.

☐ 7:15am	Wake up & Early Bird Clinics	☐ 2:50pm	Snack/Siesta
☐ 7:50am	Flag raising	☐ 4:00pm	General Swim Time
☐ 8:00am	Breakfast	☐ 6:00pm	Dinner
☐ 9:00am	Cabin Activities	☐ 7:00pm	Chapel
☐ 10:30am	Camp Chores	☐ 7:25pm	Flag Lowering
☐ 11:00am	Cabin Activities	☐ 7:45pm	Evening Activity
☐ 12:30pm	Lunch	☐ 9:00pm	Showers and Cabin Chats
☐ 1:15pm	Progressive Clinics	☐ 10:15pm	Lights Out

SAMPLE DAY CAMP SCHEDULE

☐ 8:45am	Arrive!	☐ 1:25pm	Change for G Swim
☐ 9:00am	Group Time	☐ 1:45pm	G Swim!
☐ 9:30am	Activity 1 (Archery, Canoeing, etc)	☐ 3:00pm	Change Time
☐ 10:30am	Activity 2	☐ 3:20pm	Store/Snack
☐ 11:20am	Chapel	☐ 3:45pm	Bus Line Up
☐ 11:45am	Lunch	☐ 4:00pm	Buses Depart
☐ 12:20pm	Activity 3		See you tomorrow!

Where can I see photos taken throughout the week?

We do our best to take pictures of everybody's child at camp. Below are a couple of FAQ's regarding pictures.

- Where do I go to get pics? Pictures can be found on Smug Mug at [Camp Y-Noah SmugMug](#). During check in you'll be given your password for your camper's week(s) at camp.
- My child isn't smiling. Are they having a good time? So, not everyone is smiling the whole time. They're not lunatics, but if you're truly concerned, give us a call and we'll give you a quick update on your camper.
- I don't see a photo of my camper!!! During our busy camp days we strive to capture as many moments as possible. Throughout the week we will be uploading photos onto SmugMug. If you do not see a photo of your child after day three please email us at: campynoh@akronymca.org
- Our waiver states the following, I authorize the YMCA to take and use any photographs, comments, and videos of my child for promotional purposes. If you're not o.k. with the previous statement, please send us a written note that states otherwise. We will inform our staffs who take pictures and let them know. We generally will still post pictures on Smug Mug, which is a private site for you to view.