



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYMNASIUM SCHEDULE

EFFECTIVE: OCTOBER 28TH- DECEMBER 16TH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Silver Sneakers Classic 9:00a-10:00a	Seniorobics 9:00a-10:00a	Silver Sneakers Classic 9:00a-10:00a	Seniorobics 9:00a-10:00a	Silver Sneakers Classic 9:00a-10:00a	Open Gym 8:15a-12:45p
	Open Gym 10:15a-3:00p	Open Gym 7:00a-3:00p	Open Gym 10:15a-3:00p	Open Gym 7:00a-3:00p	Silver Sneakers Yoga 10:15a-11:00a	
	After Care 3:00p-6:00p	After Care 3:00p-6:00pm	After Care 3:00p-6:00pm	After Care 3:00p-6:00p	Open Gym 11:30a-3p	
	Zumba 6:00-6:45p	Boot Camp 6:00p-7:00p	Zumba 6:00p-6:45p	Boot Camp 6:00p-7:00p	After Care 3:00p-6:00p	
	Open Gym 7:15p-8:45p	Open Gym 7:15-8:45p	Open Gym 7:15-8:45p	Open Gym 7:15-8:45p	Open Gym 6:00p-8:45p	
	Facility Closes at 9pm	Facility Closes at 9pm	Facility Closes at 9pm	Facility Closes at 9pm	Facility Closes at 8pm	
		Fun Day Nov. 7th 10a-12p 4p-6p				

FIRESTONE PARK YMCA
350 E. WILBETH ROAD
AKRON, OHIO 44301
(330) 724-1255

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

