

# **LAP POOL SCHEDULE**

## April 23-June 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5 am	5:30-8:30	5:30-8:00	5:30-8:00	5:30-8:00	5:30-8:30		
5:30	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
6 am						6:30-9:00	
6:30						Lap Swim	
7 am							
7:30							
8 am		8-9:50		8-9:50			
8:30	8:30-9:30	Aqua Aero -4	8:30-9:30	Aqua Aero -4	8:30-9:30	0.00 11.30	
9 am	Aqua Aero – 4	Lap Swim -4	Aqua Aero – 4	Lap Swim -4	Aqua Aero – 4	<b>9:00-11:30</b> Lap Swim - 4	
9:30	Lap Swim – 4		Lap Swim – 4 9:30-2:00		Lap Swim – 4 9:30-2:00	Lap Swill - 4 Lessons – 4	
10 am	9:30-2:00	10:00-2:00	150-2:00 Lap Swim	10:00-2:00	150-2:00 Lap Swim		
10:30	Lap Swim	Lap Swim	rah awiiii	Lap Swim	rah awiiii		
11 am		•		•		11:30-5:45	
11:30	•					Family Swim	
12 pm	-						12-5:45
12:30	•						Family Swim
1 pm	-						
1:30	-						
2 pm			.i		<u>i</u>		
2:30	-						
3 pm	-						
3:30	3:30-4:45	3:30-4:45	3:30-5:30	3:30-4:45	3:30-8:45		
4 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
4:30	4:45-5:30	4:45-5:30	•	4:45-5:30	•		
5 pm	Lessons -2	Lessons -2		Lessons -2			
5:30	5:30-6:30	5:30-6:30	5:30-6:30	5:30-6:30			
6 pm	Swim Team -5 Lessons -2	Swim Team -5 Lessons -2	Swim Team -5	Swim Team -5 Lessons -2			L
6:30	Lap Swim -1	Lessons -2 Lap Swim -1	Lap Swim -3	Lessons -2 Lap Swim -1			
7 pm	6:30-8:00	6:30-7:15	6:30-8:00	6:30-7:15			
7:30	Aqua Aero -3 Lessons -2	Lap Swim -5 Lessons -3	Aqua Aero -3	Lap Swim -5 Lessons -3			
8 pm	Lap Swim -3	7:15-8:45	Lap Swim -5 8:00-8:45	7:15-8:45			eas indicate
8:30	8:00-8:45	Lap Swim	Lap Swim	Lap Swim		the poo	l is closed
0.30	Lap Swim						

Pool Schedule & Lane Availability is subject to change.

Circle swimming and lane sharing is encouraged when lap lanes are full

**WADSWORTH YMCA** 

623 School Drive Wadsworth, OH 44281 P 330 334 9622 www.akronymca.org/Wadsworth/

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.





## REC POOL SCHEDULE

### April 22-June 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8 am							
8:30							1
9 am						9:00-11:45	
9:30			•		<b>-</b>	Lessons No Features	
10 am	10:00-12:30 Open Swim w/ Features	10:00-11:55 Lessons No Features 11:55-12:30 Open Swim w/ Features	10:00-12:30 Open Swim w/ Features	10:00-11:30 Lessons No Features 11:30-12:30 Open Swim w/ Features	10:00-12:30 Open Swim w/ Features	140 Teatures	
10:30						11:45-5:30 Open Swim w/ Features	
11 am							
11:30							
12 pm							12:00-5:30
12:30							Open Swim w/ Features
1 pm					_		
1:30						Please note -	during swim
2 pm						lessons in t	he rec pool,
2:30			·		т	there will be	•
3 pm	3:00-4:30 Open Swim w/ Features	3:00-4:30 Open Swim w/ Features		3:00-4:30 Open Swim w/ Features			•
3:30						between each class and th	
4 pm	w, reatures					pool will b	e cleared.
4:30	4:30-7:15	4:30-7:15 Lessons No Features 7:15-8:30 Open Swim w/ Features	3:00-8:30 Open Swim w/Features	4:30-7:15 Lessons No Features	L		
5 pm	Lessons No Features						
5:30					3:00-8:30		
6 pm	-				Open Swim		
6:30	7:15-8:30			7:15-8:30 Open Swim w/ Features	w/Features		
7 pm	Open Swim w/ Features					Grey areas indicate the pool is closed	
7:30							
8 pm							

#### **SAFE POOLS HAVE RULES**

- 1. Swimming without a lifeguard is prohibited.
- Breath-holding activities are not permitted in Y pools.
- 3. Keep all chairs in their proper locations and against the wall at all times.
- 4. Shower before you enter the pool.
- 5. Proper swimming attire must be worn at all times.
- 6. Running on the deck, locker rooms, showers or hallways is not permitted.
- 7. Food, pop, gum or candies are not permitted in the Aquatics Center.
- 8. Horseplay of any kind will not be tolerated.
- Y equipment is reserved for instructor use only.

- Children must pass a swim test before they are permitted in the deep end.
- 11. Dive only where permitted.
- Hanging on the float lines, starting block or lap lanes is not permitted.
- 13. Starting blocks are only to be used with a Y Coach.
- 14. Enter the water facing forward.
- Persons with bandages, open cuts and wounds are not allowed in the pool.
- 16. The lifeguard's word is final.

#### Age Policy

Children 5 & under must be accompanied by an adult into the pool. The adult must stay within arm's reach of the child at all times. Children 6-10 years old must have an adult on the pool deck while swimming.

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