



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Kohl Family YMCA

2018 - Fall I ( Sep 4 - Oct 22 )

Sports & Youth Programs

## Teen Speed and Agility Training

Days & Times	Ages	Mem/Program
Tuesday 5:00 - 5:45 PM		\$0.00/\$40.00

## Basketball Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Days & Times	Ages	Mem/Program
Mondays 6:00 - 6:45 pm 2nd - 5th Grade	6-11	\$30.00/\$60.00
Mondays 7:00 - 7:45 pm 6th - 8th Grade	12-14	\$30.00/\$60.00

## Dodgeball

Each week, a different version of dodge ball will be played. Participants will also work on fundamentals such as throwing, catching, and different running techniques.

Days & Times	Ages	Mem/Program
Tuesdays 6:15 - 7:00 pm	10-13	\$10.00/\$25.00

## Little Dribblers Basketball

The Little Dribblers class will teach the basic fundamentals of basketball: dribbling, shooting, passing and teamwork. Kids will spend time working on and improving skills through fun drills and games.

Days & Times	Ages	Mem/Program
Wednesday 5:15 pm - 6:00 pm	3-4	\$30.00/\$60.00

*\* Parent/child participation class*

## Sporties For Shorties

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Days & Times	Ages	Mem/Program
Tuesdays 5:15 - 6:00 pm	3-5	\$30.00/\$60.00

*\* Parent/child participation class*

## Youth Volleyball Clinic

Developmental class that allows all skill levels to learn the game of volleyball. This clinic works on fundamentals, rules, and games for athletes to grow in the game of volleyball.

Days & Times	Ages	Mem/Program
Thursdays 6:00 - 7:00 pm (Grades 5-8)	10-13	\$30.00/\$60.00
Thursdays 7:15 - 8:15 pm (Grades 9-12)	14-18	\$30.00/\$60.00

Register Online at [AKRONYMCA.ORG](http://AKRONYMCA.ORG)