

Understanding the Insurance Insanity

What You NEED to KNOW



- They will not be Silver Sneakers as of January 1, 2019.
- The new plan, run by AARP, will be called, Health Your Way.
- Health Your Way** means the member will be responsible for paying 50% of the Older Adult or Older Adult Couple rate.
- This is not a Y thing, but an AARP thing.
- Members will set up billing with us to pay the other 50%
- There will be no startup fee
- Financial assistance should be made available to these members.



- Optum** (Fitness Advantage) will become **Renew Active** on January 1, 2019
- There will be no change to their eligibility.
- The only change is in the Discount Group, which will be Renew Active instead of Optum.



Healthy Contributions is the private pay program of United Health Care.

- Eligible members will bring an activation letter to us
- Members fill out member enrollment form and pay us as any regular member would
- Discount group "Healthy Contributions" or "United Health Care Reimbursement Program"
- Record members Activation I.D. # in health insurance I.D. # field in Daxko. Note: (Activation I.D. # will start with the letter "F")
- Members need to check-in – Every time they are at the facility. This is how they will earn REWARDS from their insurance company – not from the Y.