



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LAP POOL SCHEDULE

## May 23 - June 4

|            |  |                  |  |
|------------|--|------------------|--|
| <b>SUN</b> |  | 12:00p - 3:45p   |  |
|            |  | <b>Open Swim</b> |  |
| Open Lanes |  | 3                |  |

|            |                 |                            |                |                    |                  |               |               |               |               |                 |
|------------|-----------------|----------------------------|----------------|--------------------|------------------|---------------|---------------|---------------|---------------|-----------------|
| <b>MON</b> | 5:15a - 7:45a   | 8:00a - 9:00a              | 9:00a - 11:00a | 11:00a - 12:00p    | 1:00p - 3:00p    | 3:00p - 4:30p | 4:30p - 6:30p | 5:15p - 6:15p | 6:30p - 9:00p | 9:00p - 9:45p   |
|            | <b>Lap Swim</b> | Older Adult Water Exercise | Adult Swim     | Arthritis Exercise | <b>Open Swim</b> | Swim Team     | Swim Lessons  | Aqua Aerobics | Swim Team     | <b>Lap Swim</b> |
| Open Lanes | 6               | 1                          | 3              | 1                  | 1                | 1             | 1             | 1             | 1             | 3               |

|            |                 |                            |                |                 |                  |               |               |               |               |                 |
|------------|-----------------|----------------------------|----------------|-----------------|------------------|---------------|---------------|---------------|---------------|-----------------|
| <b>TUE</b> | 5:15a - 7:45a   | 8:00a - 9:00a              | 9:00a - 11:00p | 10:00a - 11:00a | 1:00p - 3:00p    | 3:00p - 4:30p | 4:45p - 6:30p | 6:30p - 7:30p | 7:35p - 9:00p | 9:00p - 9:45p   |
|            | <b>Lap Swim</b> | Older Adult Water Exercise | Swim Lessons   | Aqua Aerobics   | <b>Open Swim</b> | Swim Team     | Swim Lessons  | Aqua Aerobics | Swim Team     | <b>Lap Swim</b> |
| Open Lanes | 6               | 1                          | 1              | 1               | 3                | 1             | 1             | 2             | 1             | 3               |

|            |                 |                            |                |                    |                  |               |                 |               |                      |                 |
|------------|-----------------|----------------------------|----------------|--------------------|------------------|---------------|-----------------|---------------|----------------------|-----------------|
| <b>WED</b> | 5:15a - 7:45a   | 8:00a - 9:00a              | 9:00a - 11:00a | 11:00a - 12:00p    | 1:00p - 3:00p    | 3:00p - 4:30p | 4:30p - 5:15p   | 5:15p - 6:15p | 6:30p - 9:00p        | 9:00p - 9:45p   |
|            | <b>Lap Swim</b> | Older Adult Water Exercise | Adult Swim     | Arthritis Exercise | <b>Open Swim</b> | Swim Team     | <b>Lap Swim</b> | Aqua Aerobics | Swim Team Timetrials | <b>Lap Swim</b> |
| Open Lanes | 6               | 1                          | 3              | 1                  | 1                | 1             | 6               | 1             | 1                    | 3               |

|            |                 |                            |                |                 |                  |               |               |               |               |                 |
|------------|-----------------|----------------------------|----------------|-----------------|------------------|---------------|---------------|---------------|---------------|-----------------|
| <b>THU</b> | 5:15a - 7:45a   | 8:00a - 9:00a              | 9:00a - 11:00p | 10:00a - 11:00a | 1:00p - 3:00p    | 3:00p - 4:30p | 4:45p - 6:30p | 6:30p - 7:30p | 7:35p - 9:00p | 9:00p - 9:45p   |
|            | <b>Lap Swim</b> | Older Adult Water Exercise | Swim Lessons   | Aqua Aerobics   | <b>Open Swim</b> | Swim Team     | Swim Lessons  | Aqua Aerobics | Swim Team     | <b>Lap Swim</b> |
| Open Lanes | 6               | 1                          | 1              | 1               | 3                | 1             | 1             | 2             | 1             | 3               |

|            |                 |                            |                 |                 |                    |                  |               |               |               |  |
|------------|-----------------|----------------------------|-----------------|-----------------|--------------------|------------------|---------------|---------------|---------------|--|
| <b>FRI</b> | 5:15a - 7:45a   | 8:00a - 9:00a              | 9:00a - 10:00a  | 10:00a - 11:00p | 11:00a - 12:00p    | 12:00p - 3:00p   | 3:00p - 4:30p | 4:45p - 7:30p | 7:35p - 8:45p |  |
|            | <b>Lap Swim</b> | Older Adult Water Exercise | <b>Lap Swim</b> | MS Exercise     | Arthritis Exercise | <b>Open Swim</b> | Swim Team     | Swim Lessons  | Swim Team     |  |
| Open Lanes | 3               | 1                          | 3               | 2               | 1                  | 3                | 1             | 1             | 2             |  |

|            |                 |               |                |                  |  |  |  |  |  |  |
|------------|-----------------|---------------|----------------|------------------|--|--|--|--|--|--|
| <b>SAT</b> | 6:00a - 8:00a   | 8:00a - 9:00a | 9:00a - 12:00p | 12:00p - 5:45p   |  |  |  |  |  |  |
|            | <b>Lap Swim</b> | Aqua Aerobics | Swim Lessons   | <b>Open Swim</b> |  |  |  |  |  |  |
| Open Lanes | 3               | 2             | 0              | 3                |  |  |  |  |  |  |



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# REC POOL SCHEDULE

## May 23 - June 4

|            |                |                  |                  |                  |
|------------|----------------|------------------|------------------|------------------|
| <b>SUN</b> |                | 12:00p - 3:45p   |                  |                  |
|            |                | <b>OPEN SWIM</b> |                  |                  |
| <b>MON</b> | 9:00a - 1:00p  | 1:00p - 4:30p    | 4:30p - 7:30p    | 7:35p - 9:00p    |
|            | Swim Lessons   | <b>OPEN SWIM</b> | Swim Lessons     | <b>OPEN SWIM</b> |
| <b>TUE</b> | 9:00a - 1:00p  | 1:00p - 4:30p    | 4:45p - 7:30p    | 7:30p - 9:00p    |
|            | Swim Lessons   | <b>OPEN SWIM</b> | Swim Lessons     | <b>OPEN SWIM</b> |
| <b>WED</b> | 9:00a - 1:00p  |                  | 1:00p - 9:00p    |                  |
|            | Swim Lessons   |                  | <b>OPEN SWIM</b> |                  |
| <b>THU</b> | 9:00a - 1:00p  | 1:00p - 4:30p    | 4:45p - 7:30p    | 7:30p - 9:00p    |
|            | Swim Lessons   | <b>OPEN SWIM</b> | Swim Lessons     | <b>OPEN SWIM</b> |
| <b>FRI</b> | 9:00a - 1:45p  |                  | 4:45p - 7:30p    | 7:30p - 8:45p    |
|            | <b>CLOSED</b>  |                  | Swim Lessons     | <b>CLOSED</b>    |
| <b>SAT</b> | 8:30a - 12:00p | 12:00p - 5:45p   |                  |                  |
|            | Swim Lessons   | <b>CLOSED</b>    |                  |                  |

The **REC** pool will be closed Friday 5/26 and Saturday 5/27 for maintenance .

### SWIM LESSONS WILL BE HELD

The Green Family YMCA will be closed Sunday 5/28 and Monday 5/29 for the Memorial Day holiday.

#### NOTES

Parents with children ages 5 years & under must be in the water and within arm's reach of their child, and must remain where the parent can touch the bottom. Children ages 6-10 must have a parent on the pool deck at all times. We strongly recommend that parents of non-swimmers be in the water within arm's reach of their child, regardless of the child's age.

All swimmers ages 6 - 12 must be swim tested. Testing will be conducted when additional Lifeguards are on duty and available to do so.

Water Features may not be operational during open swim times. Please ask the Lifeguard or other aquatics personnel to turn them on. It is the Lifeguard's discretion to turn them off for safety reasons.

**\*We strive to ensure the accuracy of this schedule. However, the pool schedule is subject to change without notice.**