

Gym Schedule Winter I Session January 6 - February 15 (THIS SCHEDULE IS SUBJECT TO CHANGE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 5:00am-8:30am	Open Gym 7:00am-8:45am	Open Gym 11:00am-4:00pm
Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Silver Sneakers 8:30am-10:00am	Gym Closed 9:00am-1:00pm	
Wildcard Workout 10:00am-11:00am	Open Gym 10:00am-9:00pm	Wildcard Workout 10:00am-11:00am	Open Gym 10:00am-9:00pm	Wildcard Workout 10:00am-11:00am	Open Gym 2:00pm-4:00pm	
Pickleball 1/2 Gym 11:15am-1:00pm		Pickleball 1/2 Gym 11:15am-1:00pm		Open Gym 11:00am-8:00pm		
Open Gym 1:00pm-4:45pm		Open Gym 1:00pm-4:45pm				
Gym Closed 4:45pm-7:00pm		1/2 Gym Closed 4:45pm-6:00pm				
Open Gym 8:00pm-9:00pm		Open Gym 7:00pm-9:00pm				

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