



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Lake Anna YMCA

Summer (06/09-08/24)

## Sports & Youth Programs

### Volleyball Clinic

Ses	Days & Times	Ages	Mem/Program
Summer	S1 Wednesdays 5:15pm-6:00pm		\$35.00/\$55.00
Summer	S2 Wednesdays 5:15pm-6:00pm		\$35.00/\$55.00

### Intermediate Tumbling

This class will work on perfecting cartwheels, bridges and rolls, as we strengthen handstands and round offs. This class will also cover basic drills for walkovers and handspings.

Ses	Days & Times	Ages	Mem/Program
Summer	S2 Thursdays 5:15pm-6:00pm	7-11	\$35.00/\$55.00

### Arts and Crafts

This class will allow kids to enjoy arts & crafts experiences without a mess at home! Come ready to create!

Ses	Days & Times	Ages	Mem/Program
Summer	S1 Mondays (K-2nd) 4:15pm-5:00pm		\$35.00/\$55.00
Summer	S2 Mondays (K-2nd) 4:15pm-5:00pm		\$35.00/\$55.00
Summer	S1 Mondays (3rd-5th) 5:00pm-5:45pm		\$35.00/\$55.00
Summer	S2 Mondays (3rd-5th) 5:00pm-5:45pm		\$35.00/\$55.00

### Running Club

Are you bored with your running routine? Join us for some specific sports drills and fun-filled running. Whether you are a novice or an expert runner, come prepared to sweat.

Ses	Days & Times	Ages	Mem/Program
Summer	S1 Tuesdays 4:30pm-5:15pm	7-11	\$20.00/\$35.00
Summer	S2 Tuesdays 4:30pm-5:15pm	7-11	\$20.00/\$35.00

*\*Summer 1 (6/13-7/18, no class on 7/4); Summer 2 (7/25-8/22); Class will be held outside.*

### Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Summer	S1 Wednesdays 4:15pm-5:00pm		\$35.00/\$55.00
Summer	S2 Wednesdays 4:15pm-5:00pm		\$35.00/\$55.00

*\*Summer 1 (6/10-7/11, no class on 7/4 - TH class will end 7/18); Summer 2 (7/22-8/22); Parent/child*

Register Online at [AKRONYMCA.ORG](http://AKRONYMCA.ORG)