Green YMCA

Summer II (07/21-08/24)

Group Classes

Self Defense Workshop

This is a participation class taught by a law enforcement officer. Techniques in self defense will be taught to fit a variety of situations and circumstances.

Ses	Days & Times	Ages	Mem/Program
Summer	Self Defense - ages 13 and up	13-99	\$30.00/\$50.00

Line Dancing

Enjoy line dancing in a relaxed, fun and positive atmosphere. Learn the basics of building a strong foundation that will motivate you to achieve your highest potential in dance. Whether you dance solo or as a couple, our unique approach to teaching will have you moving across the dance floor in a celebration of movement and melody!

Ses	Days & Times	Ages	Mem/Program
Summer	Line Dancing ages 7-11	7-11	\$22.00/\$38.00

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Sports & Youth Programs

Basketball - Clinic

The Basketball Clinic will focus on the fundamentals of basketball through drills, games and activities that will help your child become a better basketball player.

Ses	Days & Times	Ages	Mem/Program
Summer	Wednesday 5:00 - 5:45 pm ages 6-9	6-9	\$30.00/\$50.00
Summer	Wednesday 6:00 - 6:45 pm ages 10-1	10-12	\$30.00/\$50.00
Summer	Wednesday 6:00 - 6:45 pm ages 10-1	10-12	\$30.00/\$50.00
*Summer 1 (6/12-7/10); Summer 2 (7/24-8/21)			

Sporties For Shorties (ages 3-5)

Sporties for Shorties will introduce your child to a variety of sports while improving their motor skills and coordination (Basketball, Soccer, and Tball).

Ses	Days & Times	Ages	Mem/Program
Summer	Tuesday 5:00pm - 5:45pm	3-5	\$30.00/\$50.00
*Summer 1 (6/10-7/11, no class on 7/4 - TH class will end 7/18); Summer 2 (7/22-8/22); Parent/child			

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages	Mem/Program
Summer	Weds 6:00 - 7:00 & Sat 9-10 am Augu	5-99	\$40.00/\$55.00