



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

August 26th - September 8th

Updated 8/25/24

SUN	12:00p -4:45p						
	Family Swim						
Open Lanes	3						

MON	6:00a - 7:50a	8:00a - 9:00a	9:00a - 11:00a	11:00a - 12:00p	12:10p -12:45p	1:00p-3:00p	3:00p-8:30p
	Lap Swim	Silver Sneakers SPLASH	Lap Swim	Arthritis Exercise	Lap Swim	Pool Closed	Lap Swim
Open Lanes	5	2	3	2	5	0	5

TUE	6:00a - 7:50a	8:00a - 9:00a	9:00a - 10:00a	10:00a-11:00a	11:10a -12:45p	1:00p-3:00p	3:00p-8:30p
	Lap Swim	Silver Sneakers SPLASH	Lap Swim	Aqua Aerobics	Lap Swim	Pool Closed	Lap Swim
Open Lanes	5	2	3	2	5	0	5

WED	6:00a - 7:50a	8:00a - 9:00a	9:00a - 11:00a	11:00a - 12:00p	12:10p -12:45p	1:00p-3:00p	3:00p-8:30p
	Lap Swim	Silver Sneakers SPLASH	Lap Swim	Arthritis Exercise	Lap Swim	Pool Closed	Lap Swim
Open Lanes	5	2	3	2	5	0	5

THU	6:00a - 7:50a	8:00a - 9:00a	9:00a - 10:00a	10:00a-11:00a	11:10p -12:45p	1:00p-4:00p	4:00p-8:30p
	Lap Swim	Silver Sneakers SPLASH	Lap Swim	Aqua Aerobics	Lap Swim	Pool Closed	Lap Swim
Open Lanes	5	2	3	2	5	0	5

FRI	6:00a - 7:50a	8:00a - 9:00a	9:00a - 11:00a	11:00a - 12:00p	12:10p -12:45p	1:00p-3:00p	3:00p-7:00p	
	Lap Swim	Silver Sneakers SPLASH	Lap Swim	Arthritis Exercise	Lap Swim	Pool Closed	Lap Swim	
Open Lanes	5	2	3	2	5	0	5	

SAT	7:00a - 12:00p				12:00p -3:00p		***=Special Notes	
	Lap Swim				Family Swim			
Open Lanes	5				3			

***Please check other side for additional information