



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MAIN LAP POOL SCHEDULE 9/09-11/03

Fall 1 2024

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

Key:
Family Swim
(Green Boxes)

Lap Swim & Exercise
(White Boxes)

Adult Lap Swim & Exercise
(Purple Boxes)

Adult Lap Swim Only During YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Lap Swim

Please communicate respectfully with fellow lap swimmers in regards to pattern changes. Please try to be courteous & limit lap swim to 60 minutes during busy times.

Adult Lap Swim is for Persons 18 years & older.

Lap swim is for Persons 11 years (must be a Green Band) & older. They may only swim in the lap lanes during "Lap Swim" & with appropriate behavior.

Flotation Devices

Only Coast Guard approved flotation devices are permitted.

Deep Water Test

Must be taken by anyone 12 years of age & under to swim in the deep end. Lifeguards reserve the right to test any swimmer of any age for safety purposes.

For Your Safety

Children under 6 years old must have an adult (18+) in the water within arm's reach at all times.

Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.

Safety Breaks

Will be taken On the :50 of each hour as needed. We will call Safety Breaks with a long whistle blast & everyone under the age of 18 or those adults in the least used Pool will be required to exit the pool until the Safety Break ends. People will not be permitted to re-enter the Pool until the Lifeguards call the end of the Safety Break with a long whistle blast.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-9:45am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-9:30am Lap Swim 4 Lanes Exercise 2 Lanes	6:15am-8:25am Lap Swim 4 Lanes Exercise 2 Lanes	Closed
	8:25am-9:45am <u>Adult Lap Swim 2-3 Lanes</u>		8:25am-9:45am <u>Adult Lap Swim 2-3 Lanes</u>		8:25am-9:45am <u>Adult Lap Swim 2-3 Lanes</u>	7:30am-8:45am 4 Lanes Lap Swim Exercise 2 Lanes
	Water Fitness 3-4 Lanes Closed	9:45am-4:45pm <u>Adult Lap Swim 4 Lanes</u> *Family Swim* 2 Lanes	Water Fitness 3-4 Lanes Closed	9:30am-4:45pm <u>Adult Lap Swim 4 Lanes</u> *Family Swim* 2 Lanes	Water Fitness 3-4 Lanes Closed	8:45am-12:15pm <u>Adult Lap Swim 1 Lane</u>
	9:45am-12:00pm <u>Adult Lap Swim 4 Lanes</u> <u>Adult Exercise 2 Lanes</u>		9:45am-12:00pm <u>Adult Lap Swim 4 Lanes</u> <u>Adult Exercise 2 Lanes</u>		9:45am-12:00pm <u>Adult Lap Swim 4 Lanes</u> <u>Adult Exercise 2 Lanes</u>	Swim Lessons 5 Lanes Closed
	12:15pm-4:30pm <u>Adult Lap Swim 3 Lanes</u> *Family Swim* 3 Lanes	12:00pm-4:45pm <u>Adult Lap Swim 4 Lanes</u> *Family Swim* 2 Lanes	12:00pm-7:30pm <u>Adult Lap Swim 3 Lanes</u> *Family Swim* 3 Lanes	12:00pm-7:30pm <u>Adult Lap Swim 3 Lanes</u> *Family Swim* 3 Lanes	12:00pm-7:30pm <u>Adult Lap Swim 3 Lanes</u> *Family Swim* 3 Lanes	12:15pm-1:00pm <u>Adult Lap Swim 3 Lanes</u> <u>Adult Exercise 3 Lanes</u>
4:30pm-4:45pm Lap Swim 4 Lanes Exercise 2 Lanes	4:45pm-7:45pm <u>Adult Lap Swim 1 Lane</u> Swim Lessons 5 Lanes Closed	4:45pm-7:45pm <u>Adult Lap Swim 1 Lane</u> Swim Lessons 5 Lanes Closed	4:45pm-7:45pm <u>Adult Lap Swim 1 Lane</u> Swim Lessons 5 Lanes Closed	4:45pm-7:45pm <u>Adult Lap Swim 1 Lane</u> Swim Lessons 5 Lanes Closed	4:30pm-4:45pm Lap Swim 4 Lanes Exercise 2 Lanes	1:00pm-4:30pm <u>Adult Lap Swim 3 Lanes</u> *Family Swim* 3 Lanes
Closed						Closed
4:45pm	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:30pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:45pm-8:30pm Lap Swim 4 Lanes Exercise 2 Lanes	7:30pm-7:45pm Lap Swim 4 Lanes Exercise 2 Lanes	4:45pm
					Closed 7:45pm	



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RECREATION POOL SCHEDULE 9/09-11/03

Fall 1 2024

The schedule is subject to change. Based on staffing issues the schedule can be adjusted at any time for safety. Please visit our branch or our website for up to date information.

Key:

Family Swim
(Green Boxes)

Adult Exercise
(Purple Boxes)

Closed for YMCA Programming
(Red Boxes)

Closed
(Blue Boxes)

Water Features

Typically Available but is subject to change based on pool activities & patron volume.

Flotation Devices

Only Coast Guard approved flotation devices are permitted.

For Your Safety

Children under 6 years old must have an adult (18+) in the water within arm's reach at all times.

Ages 6-10 must have an adult (18+) present on the pool deck for the duration of their time in the pool.

Safety Breaks

Will be taken On the :50 of each hour as needed. We will call Safety Breaks with a long whistle blast & everyone under the age of 18 or those adults in the least used Pool will be required to exit the pool until the Safety Break ends. People will not be permitted to re-enter the Pool until the Lifeguards call the end of the Safety Break with a long whistle blast.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	Closed	Closed	Closed	Closed	Closed	Closed
	9:30am-12:00pm Adult Exercise	9:45am-4:45pm *Family Swim*	9:30am-12:00pm Adult Exercise	9:45am-4:45pm *Family Swim*	9:30am-12:00pm Adult Exercise	9:00am-1:00pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.
	12:00pm-4:45pm		12:00pm-7:30pm		12:00pm-7:30pm	
12:15pm-4:30pm *Family Swim*	*Family Swim*		*Family Swim*		*Family Swim*	1:00pm-4:30pm *Family Swim*
Closed 4:45pm	4:45pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.	4:45pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.		4:45pm-7:45pm Closed for YMCA Swim Lessons Ask Us About Swim Lessons! Stop at the Front Desk.		Closed 4:45pm
	7:45pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	7:30pm-8:30pm Adult Exercise	7:45pm-8:30pm Adult Exercise	Closed 7:45pm	