Lake Anna YMCA

Fall II (11/03-12/21)

Sports & Youth Programs

Pickleball League

This league will be played in a round robin format. Participants will sign up individually, no partner required. Skill level of 3.5 or lower are welcome. If you do not know your skill level in DUPR, please select 3.0.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	- Thursday 6:00 - 8:00pm	Keith Starcher	18-99	\$30.00/\$60.00

Volleyball Clinic

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Fridays (3rd-5th) 5:00pm-6:00pm			\$65.00/\$95.00

Intermediate Tumbling

This class will work on perfecting cartwheels, bridges and rolls, as we strenthen handstands and round offs. This class will also cover basic drills for walkovers and handspings.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Thursdays 5:15pm-6:00pm	Miss Victoria	7-11	\$50.00/\$80.00

Basic Tumbling

Begin learning the basics of tumbling by working on rolls, cartwheels, handstands and bridges. This is a great class for the beginner cheerleader and those who want to learn to tumble.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Tuesdays (6-8yrs.): 6:15pm-7:00pm	Miss Victoria	6-8	\$50.00/\$80.00

Cheerleading

Show us your spirit! This program will teach the basics of cheer. Incorporating elements of dance, basic movements and learning small routines.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Rookies (K-2nd) Monday 5:00pm - 5:45	Miss Victoria		\$65.00/\$95.00
Fall II	Lake Anna YMCA	Winners (3rd-5th) Monday 6:00pm - 6:4	Miss Victoria		\$65.00/\$95.00

Gymnastics - Tiny Tumblers

Tiny Tumblers is a class designed for beginner gymnasts. Beginners learn basic tumbling skills along with motor skills and coordination.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Tuesdays (3-5yrs.): 5:15pm-6:00pm	Miss Victoria	3-5	\$50.00/\$80.00

First Tee

An introduction to golf, for children ages 7-10, using games that are flexible to the children's age and ability.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Wednesdays 5:00pm - 6:15pm	First Tee Staff	7-11	\$0.00/\$0.00

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Sports & Youth Programs

Tumbling (Preschool)

The Lake Anna YMCA and Barberton preschool are partnering to offer a tumbling class for their preschool students. This class is open to students registered at Barberton preschool only and will take place right after classroom time.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Thursday 11:00am - 11:45am		3-6	\$50.00/\$50.00
Fall II	Lake Anna YMCA	Thursday 3:15pm - 4:00pm		3-6	\$50.00/\$50.00

For Barberton Preschool students

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Session	Branch	Days & Times	Instructor Name	Ages	Mem/Program
Fall II	Lake Anna YMCA	Mondays (K-2nd) 5:00pm - 5:45pm	Coach Chris		\$80.00/\$110.00
Fall II	Lake Anna YMCA	Mondays (3rd-5th) 6:00pm - 7:00pm	Coach Chris		\$80.00/\$110.00
Fall II	Lake Anna YMCA	Tuesdays (6th-8th) 5:00pm - 6:00pm	Coach Chris		\$80.00/\$110.00
Fall II	Lake Anna YMCA	Tuesdays (High School) 6:00pm - 7:00p	Coach Chris		\$80.00/\$110.00