WADSWORTH YMCA REC POOL SCHEDULE

Fall 2: October 28 - December 22, 2024

Age Policy: Children 5 & under must be <u>accompanied by an adult</u>, dressed to swim, into the pool, within arm's reach. Children 6-10 years old must have a supervising adult on the pool deck or in the water. All swimmers ages 1 through 12 must also wear a swim band on their wrist to identify their swimming ability to the lifeguard. *Pool Hours Subject to Change*

Weekday Open Swims:



Monday: 1:00pm-7:30pm Tuesday: 10:00am-1:00pm & 3:30-4:45pm & 6:45-7:30pm Wednesday: 10:00am-1:00pm & 3:30pm-7:30pm Thursday: 10:00am-1:00pm & 3:30-4:45pm & 6:45-7:30pm Friday: 10:00am - 7:30pm



Weekend Open Swims: Saturday: 11:30am – 3:30pm Sunday: 12:15pm – 3:30pm



Swim Lessons Only: Tuesday and Thursday: 4:45-6:45pm Saturday: 9:00-11:30am

SAFE POOLS HAVE RULES

- 1. Swimming without a lifeguard is prohibited.
- 2. Breath-holding activities and horseplay are not permitted in Y pools and will not be tolerated.
- 3. Use of dive masks that cover the nose, inflatables and mono-fins is prohibited.
- 4. Keep all chairs in their proper locations and against the wall at all times.
- 5. Shower before you enter the pool / Proper swimming attire must be worn at all times.
- 6. Running on the deck, locker rooms, showers or hallways is not permitted.
- 7. Food, pop, gum or candies are not permitted in the Aquatics Center NO GLASS or CERAMIC MUGS!
- 8. Y equipment is reserved for Y instructor use only. / Starting blocks are only to be used with a Y Coach.
- 9. Children 5 and under must have an adult in the water within arm's reach in order to go swimming.
- 10. Children must pass a swim test before they are permitted in the deep end.
- 11. Dive only where permitted. Enter the water feet first and facing forward.
- 12. Hanging on the float lines, starting block or lap lanes is not permitted.
- 13. Persons with bandages, open cuts and wounds are not allowed in the pool.
- 14. ALL swimmers ages 1-13 wear color-coded swim band in the pool area based on swimming ability/swim test.
- 15. The lifeguard's word is final.



WADSWORTH YMCA 623 School Drive Wadsworth, OH 44281 **akro** P 330 334 9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all. 🚺 Connect with us! 🔰 🕇 🖤

WADSWORTH YMCA LAP POOL SCHEDULE

Fall 2: October 28 – December 22, 2024

- Lap Swimming and Water Fitness is available for all ages in designated lanes.
- Please limit your workout to an hour if others are waiting to swim / sharing lanes is encouraged.
- Open swimming is available in the open area (Lanes 7 & 8) when no programs are using lanes.
- Schedule subject to change /Lap Pool has 8 lanes total and is a 25-yard pool.

Monday - Thursday

Lap Pool Open 5:40am-2:30pm & 5:30pm-8:30pm

High School Swim Team Practice uses entire pool while closed

High School Swim Team: (4-5 lanes) Tuesday and Thursday 5:40-7:00am Water Aerobics (4 lanes) M-R 9:30-10:30am & Thurs 7:30-8:30am Waves Youth Swim Team: (5 Lanes) 5:45pm-8:15pm (6 lanes on Monday) Swim Lessons: Tuesday & Thursday (2 lanes) 5:30pm-7:00pm



Friday

Lap Pool Open 5:40am-2:30pm & 5:30pm-7:00pm

High School Swim Team Practice uses entire pool while closed

Water Aerobics (4 lanes) 8:30-9:30am Homeschool Swim Lessons (3 lanes) 10:00am-1:00pm



Saturday

Lap Pool Open 8:00am - 3:30pm High School Swim Team Practice 6:00-8:00am entire pool Swim Lessons (2-4 lanes) 8:45am-12:00pm Please watch for schedule changes for swim meets, scuba rentals, etc.



Sunday

Lap Pool Open 12:15pm - 3:30pm

Family Open Swim Lanes 7 & 8 (any day when classes not present).

Lap Pool Locker Rooms are closed when Lap Pool is Closed Please contact the Aquatics Office if you have any questions – Enjoy your swim!



WADSWORTH YMCA 623 School Drive Wadsworth, OH 44281 a Ph: 330 334 9622

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all. 🚺 Connect with us!] 🛉 🖤