

# WADSWORTH YMCA LAP POOL SCHEDULE

## Fall 2: October 28 – December 22, 2024

- Lap Swimming and Water Fitness is available for all ages in designated lanes.
- Please limit your workout to an hour if others are waiting to swim / sharing lanes is encouraged.
- Open swimming is available in the open area (Lanes 7 & 8) when no programs are using lanes.
- **Schedule subject to change** /Lap Pool has 8 lanes total and is a 25-yard pool.

### Monday - Thursday



**Lap Pool Open 5:40am-2:30pm & 5:30pm-8:30pm**

*High School Swim Team Practice uses entire pool while closed*

**High School Swim Team: (4-5 lanes) Tuesday and Thursday 5:40-7:00am**

**Water Aerobics (4 lanes) M-R 9:30-10:30am & Thurs 7:30-8:30am**

**Waves Youth Swim Team: (5 Lanes) 5:45pm-8:15pm (6 lanes on Monday)**

**Swim Lessons: Tuesday & Thursday (2 lanes) 5:30pm-7:00pm**

### Friday



**Lap Pool Open 5:40am-2:30pm & 5:30pm-7:00pm**

*High School Swim Team Practice uses entire pool while closed*

**Water Aerobics (4 lanes) 8:30-9:30am**

**Homeschool Swim Lessons (3 lanes) 10:00am-1:00pm**

### Saturday



**Lap Pool Open 8:00am - 3:30pm**

*High School Swim Team Practice 6:00-8:00am entire pool*

**Swim Lessons (2-4 lanes) 8:45am-12:00pm**

**Please watch for schedule changes for swim meets, scuba rentals, etc.**

### Sunday



**Lap Pool Open 12:15pm - 3:30pm**

**Family Open Swim Lanes 7 & 8 (any day when classes not present).**

**Lap Pool Locker Rooms are closed when Lap Pool is Closed**  
**Please contact the Aquatics Office if you have any questions – Enjoy your swim!**



WADSWORTH YMCA  
623 School Drive  
Wadsworth, OH  
44281  
Ph: 330 334 9622

[akronymca.org](http://akronymca.org)

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!  

# WADSWORTH YMCA REC POOL SCHEDULE

## Fall 2: October 28 - December 22, 2024

**Age Policy:** Children 5 & under must be accompanied by an adult, dressed to swim, into the pool, within arm's reach. Children 6-10 years old must have a supervising adult on the pool deck or in the water. All swimmers ages 1 through 12 must also wear a swim band on their wrist to identify their swimming ability to the lifeguard. **Pool Hours Subject to Change**



### Weekday Open Swims:

Monday: 1:00pm-7:30pm

Tuesday: 10:00am-1:00pm & 3:30-4:45pm & 6:45-7:30pm

Wednesday: 10:00am-1:00pm & 3:30pm-7:30pm

Thursday: 10:00am-1:00pm & 3:30-4:45pm & 6:45-7:30pm

Friday: 10:00am - 7:30pm



### Weekend Open Swims:

Saturday: 11:30am – 3:30pm

Sunday: 12:15pm – 3:30pm



### Swim Lessons Only:

Tuesday and Thursday: 4:45-6:45pm

Saturday: 9:00-11:30am

### SAFE POOLS HAVE RULES

1. Swimming without a lifeguard is prohibited.
2. Breath-holding activities and horseplay are not permitted in Y pools and will not be tolerated.
3. Use of dive masks that cover the nose, inflatables and mono-fins is prohibited.
4. Keep all chairs in their proper locations and against the wall at all times.
5. **Shower before you enter the pool / Proper swimming attire must be worn at all times.**
6. Running on the deck, locker rooms, showers or hallways is not permitted.
7. **Food, pop, gum or candies are not permitted in the Aquatics Center – NO GLASS or CERAMIC MUGS!**
8. Y equipment is reserved for Y instructor use only. / Starting blocks are only to be used with a Y Coach.
9. Children 5 and under must have an adult in the water within arm's reach in order to go swimming.
10. Children must pass a swim test before they are permitted in the deep end.
11. Dive only where permitted. Enter the water feet first and facing forward.
12. Hanging on the float lines, starting block or lap lanes is not permitted.
13. Persons with bandages, open cuts and wounds are not allowed in the pool.
14. ALL swimmers ages 1-13 wear color-coded swim band in the pool area based on swimming ability/swim test.
15. **The lifeguard's word is final.**



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