

Holiday Group Ex Schedule



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|--|--|
| <p>23</p> <p>9:30 - 10:15AM WILD CARD CYCLING ROOM</p> <p>10 - 10:45AM SS CLASSIC GROUP EX ROOM</p> <p>11 - 11:45AM SS YOGA GROUP EX ROOM</p> <p>6 - 6:45PM POWER PUMP GROUP EX ROOM</p> <p>6 - 6:45 HATHA YOGA BASEMENT</p> <p>7 - 7:45 CYCLING CYCLING ROOM</p> | <p>24</p> <p>6 - 6:45AM CYCLING CYCLING ROOM</p> <p>10 - 10:45AM SS CLASSIC GROUP EX ROOM</p> <p>11 - 11:45AM SS CIRCUIT GROUP EX ROOM</p> <p>BRANCH CLOSING AT NOON.</p> | <p>25</p> <p>BRANCH</p> <p>IS CLOSED.</p> <p>24/7 ACCESS</p> <p>IS AVAILABLE.</p>  | <p>26</p> <p>6 - 6:45AM CYCLING CYCLING ROOM</p> | <p>27</p> <p>10 - 10:45AM SS CLASSIC GROUP EX ROOM</p> | <p>28</p> <p>9 - 9:45AM TONING GROUP EX ROOM</p> <p>11 - 11:45AM TRX & KETTLEBELL GROUP EX ROOM</p> |
| <p>30</p> <p>10 - 10:45AM SS CLASSIC GROUP EX ROOM</p> <p>11 - 11:45AM SS YOGA GROUP EX ROOM</p> <p>6 - 6:45PM POWER PUMP GROUP EX ROOM</p> <p>6 - 6:45 HATHA YOGA BASEMENT</p> <p>7 - 7:45 CYCLING CYCLING ROOM</p> | <p>31</p> <p>6 - 6:45AM CYCLING CYCLING ROOM</p> <p>10 - 10:45AM SS CLASSIC GROUP EX ROOM</p> <p>11 - 11:45AM SS CIRCUIT GROUP EX ROOM</p> <p>BRANCH CLOSING AT NOON.</p> | <p>JANUARY 1</p> <p>BRANCH</p> <p>IS CLOSED.</p> <p>24/7 ACCESS</p> <p>IS AVAILABLE.</p>  | <p>2</p> <p>6 - 6:45AM CYCLING CYCLING ROOM</p> <p>10 - 10:45AM SS CLASSIC GROUP EX ROOM</p> <p>6 - 6:45PM HATHA YOGA BASEMENT</p> | <p>3</p> <p>9:30 - 10:15AM BEATS (DRUM CLASS) GROUP EX ROOM</p> <p>11:30 - 12:15PM SS CLASSIC GROUP EX ROOM</p> | <p>4</p> <p>9 - 9:45AM TONING GROUP EX ROOM</p> <p>11 - 11:45AM TRX & KETTLEBELL GROUP EX ROOM</p> |

