



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Green YMCA

Winter II (02/22-04/12)

Sports & Youth Programs

Youth Conditioning

Youth conditioning, focusing on strength, core strength, cardiovascular endurance, and balance.

Ses	Days & Times	Ages	Mem/Program
Winter II	Speed and Agility - Wed 3:15 - 4:00pm	9-18	\$70.00/\$100.00

Basketball League

The Basketball League provides a positive environment where everyone participates and learns the skills of basketball.

Ses	Days & Times	Ages	Mem/Program
Winter II	Kg and 1st Grade Mon 5:15 - 6:15pm	4-6	\$90.00/\$120.00
Winter II	Kg and 1st Grade - Tues 5:15 - 6:15pm	4-7	\$90.00/\$120.00
Winter II	2nd and 3rd Grade Mon 6:30 - 7:30pm	7-9	\$90.00/\$120.00
Winter II	2nd and 3rd Grade Thurs 5:15 - 6:15pm	7-9	\$90.00/\$120.00
Winter II	4th and 5th Grade Thurs 6:30 - 7:30pm	9-11	\$90.00/\$120.00
Winter II	4th and 5th Grade Weds 5:00 - 5:55pm	9-11	\$90.00/\$120.00
Winter II	6th to 8th Grade Tues 6:30 - 7:30pm	11-14	\$90.00/\$120.00
Winter II	6th to 8th Grade Weds 7:15 - 8:15pm	11-14	\$90.00/\$120.00

Tae Kwon Do

Youth Tae Kwon Do will offer participants the opportunity to learn specialized skills and knowledge. This is a basic class that will help participants develop as they move forward.

Ses	Days & Times	Ages	Mem/Program
Winter II	Wed 6-7pm & Sat 9-10am Mar	5-99	\$40.00/\$55.00
Winter II	Wed 6pm-7pm & Sat 9am-10am Apr	5-99	\$40.00/\$55.00

Register Online at AKRONYMCA.ORG