



AQUATICS SCHEDULE

FRIDAY JUNE 9TH TO
SUNDAY JULY 14TH

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY

Lap swim:

5:00am—8:30pm (6 lanes)

Notable activities:

Rec Pool Open:

5:00am-8:30pm

TUESDAY

Lap swim:

5:00am—7:00am (6 lanes)

7:00am—7:45am (4 lanes)

7:45am—12:00pm (6 lanes)

12:00pm—4:00pm (2 lanes)

4:00pm—8:30pm (6 lanes)

Notable activities:

Stretch and Tone 7:00am-7:45am

SAW 12:00pm-4:00pm

Rec Pool Open:

5:00am-12:00pm

4:00pm-8:30pm

WEDNESDAY

Lap swim:

5:00am—10:00am (6 lanes)

10:00am—12:00am (3 lanes)

12:00pm—1:00pm (6 lanes)

1:00pm—3:00pm (3 lanes)

3:00pm—4:30pm (6 lanes)

4:30pm—5:15pm (4 lanes)

5:15pm—6:00pm (6 lanes)

6:00pm—6:45pm (4 lanes)

6:45pm—8:30pm (6 lanes)

Notable activities:

Firestone Day Camp 10-12, 1-3pm

Stretch and Tone 4:30-5:15pm

Aqua Zumba 6:00pm-6:45pm

Rec Pool Open:

5:00am-10:00am

12:00pm-1:00pm

3:00pm-8:30pm

THURSDAY

Lap swim:

5:00am—7:00am (6 lanes)

7:00am—7:45am (4 lanes)

7:45am—12:00pm (6 lanes)

12:00pm-4:00pm (2 lanes)

4:00pm—8:30pm (6 lanes)

Notable activities:

Stretch and Tone 7:00am-7:45am

SAW 12:00pm-4:00pm

Rec Pool Open:

5:00am-12:00pm

4:00pm-8:30pm

FRIDAY

Lap swim:

5:00am—12:00pm (6 lanes)

10:00am—12:00pm (3 lanes)

12:00pm—1:00pm (6 lanes)

1:00pm—3:00pm (3 lanes)

3:00pm—7:30pm (6 lanes)

Notable activities:

Longwood day Camp 10-12, 1-3pm

Rec Pool Open:

5:00am-10:00am

12:00pm-1:00pm

4:00pm-8:30pm

SATURDAY

Lap swim:

7:00am—4:30pm (6 lanes)

Notable activities:

Rec Pool Open:

7:00am-4:30pm

SUNDAY

Lap Swim:

12:15pm—4:30pm (6 lanes)

Rec Pool Open:

12:15pm-4:30pm

akronymca.org

The Y strives to make programs and membership available to all. Financial assistance may be available to those who qualify.

Kohl Family YMCA (330) 434-9622

Mission: To put Christian principles into practice through programs that build a healthy spirit, mind and body for all.

Connect with us!

